Individual Development Plan
for IARC Postdoctoral Research Associates

Postdoc: _______________________________
Mentor: _______________________________
Date: _________________________________
Date of Initial Appointment:_____________

Project Goals

Describe the aims and experimental approaches of your research project(s). How does the project fit into a bigger picture of work in this area? What is the anticipated significance of your contributions?

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Short Term Goals

Summary of research skills acquired since last IDP meeting:
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

What new skills and expertise are required for success of the research project?

<table>
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<tr>
<th>Skill</th>
<th>How are you going to acquire these skills? (e.g., training, courses etc.)</th>
<th>Target acquisition date</th>
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Summary of professional development accomplishments, such as event organization, committees, career workshop attendance, coursework, teaching, training, etc. since last IDP meeting:

__________________________________________________________________________

__________________________________________________________________________

What professional development skills do you need to acquire to become an independent scientist and achieve your longer-term career goals?

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**Plans for Upcoming Year**

List your Research Project Goals for the upcoming year. Identify milestones and project timelines for completion.

__________________________________________________________________________

List your anticipated publications to be submitted in the upcoming year (indicate projected titles and major take-home messages):

__________________________________________________________________________

__________________________________________________________________________

List any proposal submissions/ fellowship applications planned for the upcoming year:
Long-Term Goals

What are you long-term career objectives? For example: research in academics, industry, government, teaching, writing, other, undecided...

Describe your timeline for achieving your long-term career objectives:

When will you begin a job search? If you do not know, estimate: